

# Delivering Quality Occupational Healthcare: Everyday in Everyway



*Conference Co-Sponsor*  
*NC Occupational Safety and Health Education and Research Center*

## Conference Description:

### ***“Delivering Quality Occupational Healthcare: Everyday in Every way”***

As OHNs we never know what we may encounter on any given day. We assist employees with various signs, symptoms and health conditions and we need to be well versed and knowledgeable in order to properly assess and evaluate the employees we serve.

This conference will focus on providing quality occupational health services. So please join your NCAOHN colleagues as we learn about employee centered occupational health programs, current information about Diabetes and Cardiovascular disease, documentation do's, don'ts how to efficiently and thoroughly conduct a health history and physical assessment.

## Objectives:

1. Describe the what, why and how of employee engagement in the occupational setting.
2. Describe the types of diabetes and identify the pathologies associated with both along with common complications and the specific learning strategies involved in motivating patients to engage in prevention and treatment.
3. Identify risk factors for the development of hypertension, coronary artery disease and heart failure and at least four strategies to reduce these risks.
4. Identify the correct methods and discuss the importance of proper documentation in the occupational health setting.
5. Explain insulin resistance, how it relates to disease and identify nutritional supplements and dietary changes used to improve this condition
6. Identify strategies to enhance the data collection needed to obtain an accurate health history

10.25 – 13.25 Contact Hours pending AAOHN approval  
depending on whether a preconference is attended

## Conference Agenda

### Wednesday September 29, 2010

- 1:00 - 5:00 Registration
- 12:00 – 2:00 Luncheon and Executive Board Meeting
- 2:00 – 5:00 ***Preconference: Physical Assessment of the Head and Neck  
Paul Dunn MSN, FNP, Associate Professor  
UNC Family Medicine Chapel Hill, NC***
- 3:00 - 5:00 Vendor Set Up
- 5:30 ***President's Reception***

### Thursday September 30, 2010

- 7:00 – 8:00 Registration, Breakfast and Visit Vendors
- 8:00 – 9:00 ***Keynote: Engaging Employees in Planning, Implementation and Evaluation of Services  
Amy Jones BS, RRT, RCP  
Pitt County Memorial Hospital Greenville, NC***
- 9:00 – 9:30 Break – Visit Vendors

- 9:30 -11:30 ***Diabetes Care in the Occupational Setting: What We Need to Know***  
***Paul Dunn MSN, FNP, Associate Professor***  
***UNC Family Medicine Chapel Hill, NC***
- 11:30 -12:30 Lunch
- 12:30 - 2:30 ***Top 10 things to Know about Cardiovascular Risk Reduction***  
***Margaret Bowers RN, MSN, FNP BC***  
***Assistant Clinical Professor and Nurse Practitioner***  
***Duke University School of Nursing Durham, NC***
- 2:30 – 3:00 Break – Visit Vendors
- 3:00 – 4:00 **Business Meeting** ***NCAOHN President Judy Garrett Presiding***
- 4:00 – 5:15 ***Documentation: Do's, Don'ts and Oops!***  
***Carol Harris RN, COHN-S/CM***  
***Alamance Regional Medical Center Burlington, NC***

### **Friday October 1, 2010**

- 7:00 – 8:00 Buffet Breakfast
- 8:00 – 10:00 ***Insulin Resistance and Chronic Inflammation: Nutritional Intervention***  
***Matt Wilding DC***  
***Chiropractic Advantage Goldsboro, NC***
- 10:00 – 10:30 Break
- 10:30 – 12:30 ***Gathering the Health History: Strategies to Enhance the Information Obtained in the Interview***  
***Laurie Kennedy-Malone PhD, GNP BC, FAANP***  
***UNC-G School of Nursing Greensboro, NC***

### **Administrative and Conference Information**

#### ***Pre-Conference***

**Preregistration is required for the preconference. Please note there is an additional cost for the preconference.** See cost schedule on course registration form below. *No partial credit given for preconference.*

#### ***Continuing Education Units***

Contact hours 10.25 – 13.25 applied for through the American Association of Occupational Health Nurses.

#### ***For your Comfort***

Meeting rooms are sometimes chilly, so bring or wear light coats or sweaters. As a courtesy to others, PLEASE silence cell phones during the sessions.

***Directions to Little River*** <http://www.littleriver.com/>

**Scholarships**

NCAOHN awards five (5) registration scholarships to their members needing assistance. If you are a NCAOHN member and need financial assistance, please contact Reba Roseman at (336) 668-4410. (Scholarship does not include pre-conference fee.)

**Administrative and Refund Policy**

An administrative fee of \$25 will be charged for late registration or cancellations. **Registration deadline is September 24, 2010.** To avoid this additional cost, your registration needs to be postmarked or emailed by this date. **Refunds (registration fee less \$25) will be made only when WRITTEN notice is received by September 24, 2010.**

We appreciate your efforts to register early. For additional information, contact Emily Wallace at 919-774-3721 [wwallace7@charter.net](mailto:wwallace7@charter.net)

**Hotel Reservations**

***Very Important Please Read Below***

When you call to make reservations, be sure to identify yourself as an attendee of the NCAOHN Conference. **Reservation deadline is August 30, 2010.**

The Little River Golf and Resort is different from a hotel. All sleeping rooms are in villas. A villa is composed of 2 bedrooms. There are 2 queen-size beds and 1 bath in each bedroom. So there are a total of 4 beds and 2 baths in a villa. There is a living/dining area (which is a common area between the two bedrooms in the villa). There is also a fully equipped kitchen.

**Below are the rates for the conference:**

4 people per villa	\$68.00 per night/person
2 - 3 people per villa	\$110 per night/person
1 person per villa	\$190 per night

***In order to get the best rate of \$68.00 per night there must be 4 people in a villa. This is a real deal!!!!!!!!!!!!!!!!!!!!!!!!!!!!***

***Even if you do not have 4 in your villa the \$110 rate is still a deal!!!***

***For those of you who like to room together, when making reservations provide the names of those who will be staying in your villa whether it is 2, 3, or 4 of you.***

***If you want to take advantage of the best rate and do not have a preference regarding room or villa mates then the resort will place you in a villa with other attendees who you may or may not know.***

***\*\*\*\*\* YOUR CHANCE TO MAKE NEW OHN FRIENDS \*\*\*\*\****

***As you can see this will take some coordination on your part if you have room or villa mate preferences. Please note that each of you will have the same key to the villa. There is not a separate key for the bedrooms; however you can lock your bedroom when you are in the room.***

Below is the link to Little River  
<http://www.littleriver.com/>

When you call to make reservations, be sure to identify yourself as an attendee of the NCAOHN Conference. **Reservation deadline is August 30, 2010.**

Reservations received after that date will be accepted on a space and availability basis only.

To Make Reservations Call 910-949-4600 or Toll Free 888-766-6538

## Conference Registration Form

Deadline: September 24, 2010

Name \_\_\_\_\_ Email address \_\_\_\_\_  
Company \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Chapter \_\_\_\_\_

_____ AAOHN Member fee	\$225	10.25 contact hours pending AAOHN approval
_____ Non Member Fee	\$275	
_____ Student/Retiree fee	\$125	
_____ Pre Conference fee	\$55	3 contact hours pending AAOHN approval
_____ Payment by credit card	\$5	
_____ Late Registration Fee	\$25	If registering after 9/24/10
_____ First time attendee		

### Whether paying on line or by mail

Registration form must be completed and sent to Emily Wallace at the address below or to [wwallace7@charter.net](mailto:wwallace7@charter.net)

**To Pay by Credit Card** go to the NCAOHN website [www.ncaohn.org](http://www.ncaohn.org) and follow the directions for using PayPal. The \$5.00 fee covers the cost of this service.

### MAIL COMPLETED REGISTRATION FORM AND CHECK TO:

Emily Wallace BS, COHN-S  
513 Apple Lane  
Sanford, NC 27330 919-774-3721

Please Make Checks Payable to NCAOHN  
Tax ID Number is 591718082

### Remember: Refund Policy:

**Registration Fee, less \$25 admin. fee is refundable only if WRITTEN notice is received by September 24, 2010.**

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## **NCAOHN Disclosure Statement**

There are no conflicts of interest affecting this continuing education (CE) activity.

Partial credit may be received for this conference. Each attendee must sign the Attendance Roster for each session they attend in addition to completing the Attendance Verification Form which will note which individual sessions were attended.

The total amount of hours noted on the Attendance Verification Form will be the number of hours placed on the CE certificate received at the end of the conference. Each attendee must also complete the Conference Evaluation.

There is no involvement of commercial support for this CE activity.

There is no implied endorsement of any commercial product by AAOHN or NCAOHN.

There will be no discussion of off-label uses of drugs as defined by the FDA during this CE activity.

Cara B. Winstead  
NCAOHN Education Director